

# HALIFAX metro®

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**IMAGINE  
HALIFAX**  
Monday, February 17, 2014

## Better know a budget

Who's benefitting from  
federal plans **PAGE 7**  
And who's not (maybe N.S.) **PAGES 3**

## Make like a bird to be a good parent?

Our columnist says enough  
coddling already **PAGE 11**



## WHAT TO WATCH IN SOCHI

- 8:30 a.m. The rivalry continues as Canada meets the U.S. to wrap up round-robin play in women's hockey.
- 11:45 a.m. Meagan Duhamel and Eric Radford will go for their second medal of the Games in the pairs free skate.

GREG DOWNS/FOR METRO



## CAPTAIN CANADA

Cole Harbour's Sidney Crosby waits with Canadian head coach Mike Babcock for a team photo before a training session at the Bolshoy Ice Dome at the 2014 Winter Olympics on Tuesday, in Sochi, Russia. Men's hockey begins at the winter games on Wednesday, with Canada's opening tournament play on Thursday against Norway. Story, page 19. JULIO CORTEZ/THE ASSOCIATED PRESS

# Taking concerts to 'higher level'

**'Point of prestige.'**  
Symphony Nova Scotia  
director hopes for new  
hall on waterfront to  
showcase music



**HALEY  
RYAN**  
haley.ryan@metronews.ca

The director of Symphony Nova Scotia says a new concert hall in Halifax would bring a "whole new listening experience for the audience," and is hoping a recent petition can grab the attention of Mayor Mike Savage and regional council.

A petition launched on Change.org by 15-year-old Riliagh Ellefsen, who plays oboe in the Nova Scotia Youth Orchestra, asks HRM to consider building a new concert hall on the Halifax waterfront as a better home for the local symphony and a way to attract international acts.



**Joel Plaskett with Symphony Nova  
Scotia** JEFF HARPER/METRO

"It is more than necessary, and it's a fantastic idea," said symphony director Bernhard Gueller on Tuesday.

According to the petition, which has over 500 signatures, the Halifax waterfront would be an ideal location for a new hall because it would draw tourists to the urban core at all times of the year.

"Halifax is known for its waterfront, but it is never very popular while it is cold outside. However, concert

halls are open year-round, meaning there would always be something going on for tourists to see," states the petition.

The Rebecca Cohn Auditorium is currently the best spot for classical music and dance performances, but Gueller said it doesn't have the proper acoustics since it was originally built as a lecture hall with only 1,024 seats.

Playing in better space would take the orchestra to a "higher level," Gueller said, because right now notes can't linger in the air at the Cohn.

"It would be a completely new listening experience for the audience," Gueller said. "It makes it also very attractive to other artists and orchestras to come here and play."

He said having a dedicated concert hall would be a "point of prestige" for the city, since Halifax is one of the only Canadian capitals without one.



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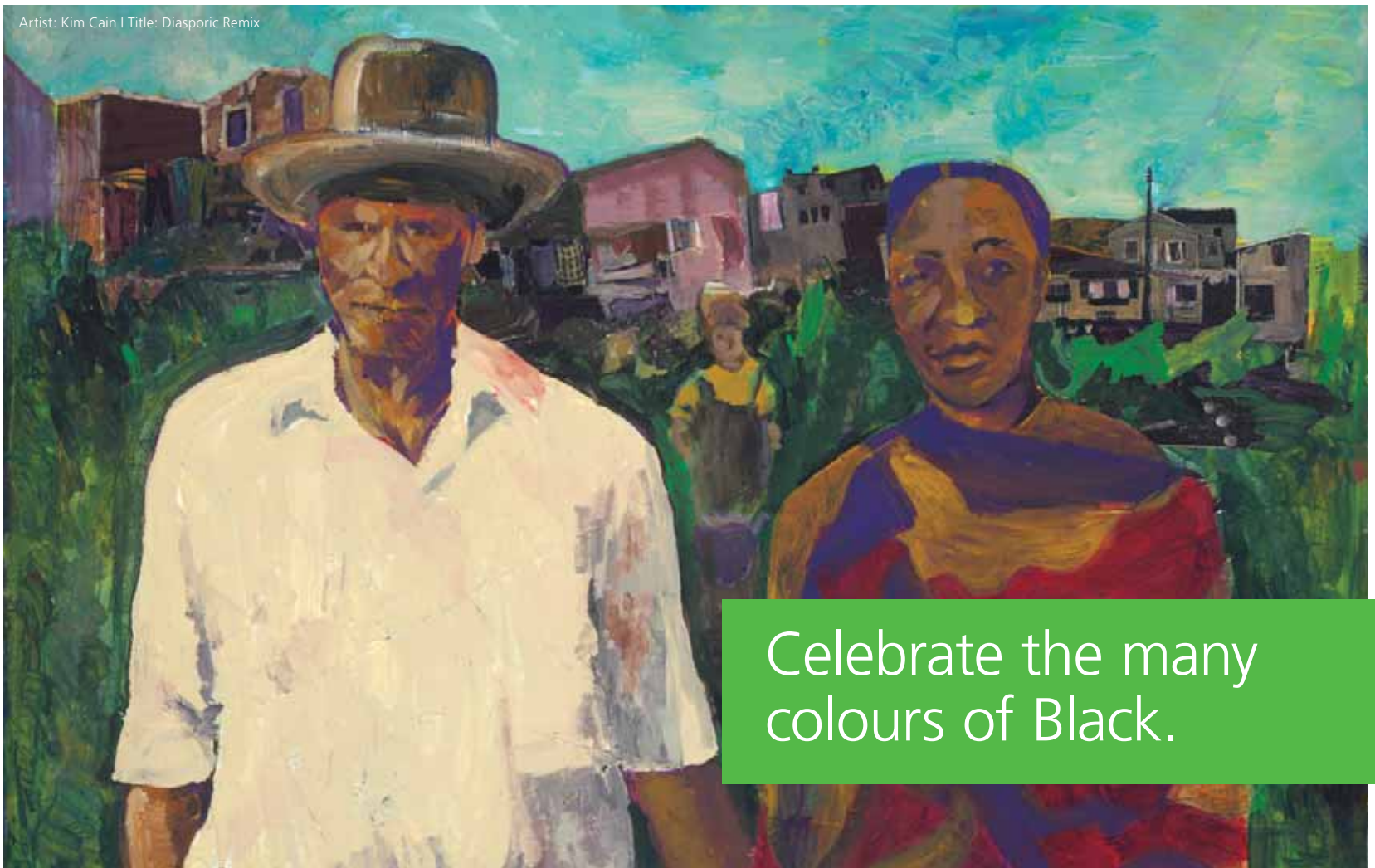
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# Facebook case tests new cyberbullying law

**A legal first.** Judge rules Facebook messages from Pictou Landing First Nation resident meet test for cyberbullying under Nova Scotia's new law

A unique Nova Scotia law aimed at stopping online harassment received its first test in court Tuesday when a judge imposed a cyberbullying prevention order on a man accused of using Facebook to threaten the chief of a native band.

Andrea Paul, chief of Pictou Landing First Nation, complained in court documents that local resident Christopher George Prosper had posted abusive, obscene and defamatory comments about her and her family.

In affidavits, Paul said the Internet bullying started last summer and escalated in the fall after she blocked Prosper's posts, which called her a "crook, back-stabbing b—ch, two-faced to our elders," and threatened her with violence.

Paul said she feared for her safety and turned to police in November. They referred her to the new provincial CyberSCAN unit, the first of its kind in Canada to be tasked with investigating complaints of cyberbullying.

The unit, overseen by the province's director of public safety, dispatched an investigator to ask Prosper to stop what the unit deemed cyberbullying.

At the time, Prosper said he would comply, said Angela Jones, a lawyer representing the province's Justice Depart-



Andrea Paul, chief of the Pictou Landing First Nation, talks with reporters at Nova Scotia Supreme Court in Halifax on Tuesday. ANDREW VAUGHAN/THE CANADIAN PRESS

ment.

However, the electronic taunts and threats resumed only two weeks later.

That's when the director of public safety, Roger Merrick, applied to the Nova Scotia Supreme Court for a cyberbullying prevention order.

The province's Cyber-safety Act defines cyberbullying as any electronic communication "that is intended or ought reasonably be expected to cause fear, intimidation, humiliation, distress or other damage or harm to another person's health, emotional well-being,

## Quoted

**"I was really nervous about being the first case ... It's important for youth and adults to know there is a law to protect you and you don't have to deal with this."**

Andrea Paul

self-esteem or reputation."

In court, Judge Heather Robertson was quick to conclude

that Prosper's actions constituted cyberbullying under the act.

"He made very defamatory, abusive and obscene posts related to Chief Paul and her family," the judge said. "I am certainly satisfied that this meets the test for cyberbullying."

Robertson imposed a one-year court order that requires Prosper to remove all messages deemed to be cyberbullying, refrain from contacting Paul and stop cyberbullying. Prosper was also ordered to pay \$750 in court costs.

Prosper, who now lives

in Ottawa, was not in court and did not have legal counsel representing him at Tuesday's hearing. He couldn't be reached for comment.

The cyberbullying law was drafted after the death of Rehtaeh Parsons, who was taken off life-support last April after a suicide attempt.

Her family says the 17-year-old was subjected to months of bullying, much of it online, after a digital photo of her allegedly being sexually assaulted in November 2011 was passed around her school.

THE CANADIAN PRESS

## Federal budget doesn't target N.S.: Whalen

Nova Scotia's finance minister says she's concerned Ottawa's plans to forge ahead with the Canada Job Grant is targeted to the West and will result in slashed training programs in her province.

Diana Whalen said Tuesday that she needs to see more details, but fears the federal government will reduce funding of an existing

job training agreement.

She said the focus of Ottawa's program would be on young people who are almost ready for jobs and need an internship in a high-demand field.

Whalen said internships are a good idea, but the program shouldn't leave behind those with lower skills in her province.

The Liberal cabinet min-

ister also said Ottawa officials should pick up the telephone and consult with the province's labour minister on the job grants.

She also said if Ottawa alone defines which industries are most in need of training assistance and internships, it will fail to consider the East Coast's need to develop industries to retain its younger people.

"We believe people will be left behind. And certainly the amount of money that's going to be left in the labour market agreements is going to be 40 per cent of what we had previously," she said.

"It's going to shut down some of the agencies ... and other places that help people with job skills and job hunting skills."

THE CANADIAN PRESS



Diana Whalen METRO

## Recreation. Council gives OK to artificial-turf field for Cole Harbour

Council has approved a recommendation to demolish the Gordon Bell building in Cole Harbour to make way for a new all-weather artificial-turf sports field.

According to a staff report tabled at council Tuesday, a Recreation Needs Assessment carried out in Cole Harbour in 2012 identified the need for a regulation-size artificial-turf community sports field, and highlighted the Gordon Bell Annex site as the most viable option.

"Its close proximity to Cole Harbour Place, Cole Harbour High School, other recreation infrastructure and adjacent open-space lands provides opportunity to create a recreation campus with access to all relevant amenities," states the staff report.

Although the new field will cost \$2.3 million to build, the report suggests the price will be offset by the reduction in maintenance costs that will come from decommissioning three natural-turf fields in the area. The artificial turf can be used five to seven times more than natural grass, so HRM will also see

### By the numbers

# \$77,000

The expected annual revenue from a new all-weather field.

increased revenues from rental fees.

"The replacement would also increase the opportunities for recreation and sport users in Cole Harbour and across HRM," states the report.

Coun. Lorelei Nicoll supported the motion, saying that though some residents will be upset by the loss of the Gordon Bell building, the addition of a new all-weather sports field is a better use of the property.

"I'd caution HRM against delaying construction of this all-weather turf beyond 2015-16 capital budget, as it could be perceived as HRM's role and purpose of this recommendation was just to demolish the Gordon Bell building," she said.

RUTH DAVENPORT/METRO

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## Tips wanted. Police looking for truck in Dartmouth hit-and-run

Police in Halifax are asking for the public's help in locating a damaged pickup truck that was allegedly involved in a hit-and-run accident.

Halifax Regional Police say officers were called to a two-vehicle crash at the intersection of Victoria Road and Windmill Road in Dartmouth at around 1:30 p.m. on Monday.

A car turning left onto

Victoria Road was hit by the truck, which police say drove away after the accident.

Police say they believe the pickup truck is a black Dodge Dakota, with significant damage to the passenger-side rear quarter panel.

Anyone with information about the whereabouts of the truck is asked contact police at 490-5016.

METRO

### Accident

## Vehicle strikes girl in Dartmouth crosswalk

A 16-year-old girl walking in a crosswalk at a Dartmouth intersection was hit by a car on Tuesday afternoon.

Police say the accident

happened at about 3:30 p.m. at the intersection of Ochterloney Street and Prince Albert Road.

The victim suffered non-life-threatening injuries and was taken to hospital by paramedics.

Police say they are still investigating the accident but charges are expected against the driver.

METRO



## No injuries after car slams into building

No one was injured when a car crashed into a taxi, then a building in downtown Halifax on Tuesday afternoon. Police were called to 1801 Barrington St. around 3 p.m. after a Nissan Sentra was found up against the front of the CIBC building with front-end damage. Police say the people inside the car fled after hitting the building and hadn't been located.

JEFF HARPER/METRO

# Big-bucks investment for downtown gets blessing

**Council.** Revitalization campaign mostly focused on esthetic improvements, still needs buy-in from province, Ottawa



RUTH DAVENPORT  
[ruth.davenport@metronews.ca](mailto:ruth.davenport@metronews.ca)

Halifax regional councillors have voted to commit to a five-year, \$50-million improvement plan for the urban core — but not without some questions about whether the campaign is focused on the right priorities.

The capital improvement campaign, which relies on funding from both the provincial and federal budgets,

### Quoted

"All the things we've done are wonderful ... but do we have any more people living and working downtown as a result?"

Coun. Tim Outhit

will address a list of "highly impactful, quick-hit, public-realm investments aimed at repairing and enhancing the public realm," according to a staff report.

The potential projects would improve the street-scapes of Spring Garden Road and Argyle and Barrington streets through the undergrounding of utilities, renewing sidewalks and improving the pedestrian experience.

Coun. Wayne Mason told his colleagues the campaign

is just one component, albeit a big one, of the overall plan to revitalize the downtown core.

"It's certainly not something that stands alone as a cure-all," he said.

Although the motion passed unanimously, Coun. Tim Outhit raised a cautionary note about the wisdom of spending money on "decorating."

"I've had people tell me we're focusing on decorating when we need transit and parking, we need de-

velopment fee holidays, we need tax holidays and incentives," he said.

Mayor Mike Savage stepped down from the chair in order to speak on the motion, pointing out the capital campaign is one of three priorities identified in a letter sent to the federal government for funding consideration, along with wastewater infrastructure and transit.

He urged councillors not to dismiss the importance of improving the look of the downtown core.

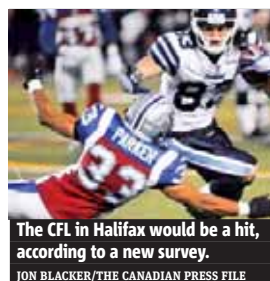
"We're not just talking about flowerpots and a little bit of beautification," he said. "Study after study will say, how does the downtown look, it has a big impact. Not only in the social equity, but in the economic development."

# Fan support is there for CFL team: Poll

About half the people polled in a new survey say they would be open to attending at least one Canadian Football League game each season should Halifax ever land a team.

The survey conducted by Halifax-based Corporate Research Associates Inc. suggests 25 per cent of people aged 15 and over would definitely go to at least one game if tickets were to run from \$40 to \$60. Another 21 per cent of people said they probably would go to at least one game.

The survey says that level



The CFL in Halifax would be a hit, according to a new survey.

JON BLACKER/THE CANADIAN PRESS FILE

### Survey details

The CRA survey questioned 411 adult residents from Jan. 31 to Feb. 9. The results are accurate within 4.8 percentage points, or 95 times out of 100.

tential of about 27,000 fans per game.

Twenty-two per cent of HRM residents surveyed said they would probably not attend a game, while another 32 per cent said they would definitely not.

"Consistent with the results in 2005, there appears to be sufficient fan support for a CFL team within the Halifax municipality alone," Don Mills, chairman and CEO of CRA, said in a release.

The CFL in Halifax has been creating plenty of buzz this week. League commissioner Mark Cohon was in town Monday to talk to business leaders and municipal politicians about the benefits of having a team in Halifax, along with a new outdoor stadium.

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# 'This isn't going to go away'

## 'Divest Dal'

Students protest fossil fuel investments at university meeting



**HALEY RYAN**  
haley.ryan@metronews.ca

A group of nearly 60 Dalhousie University students protested the school's investment in oil companies with handshakes and smiles during the Board of Governors' meeting on Tuesday.

Rob MacNeish, a fourth-year student and member of the Divest Dalhousie campaign, said the demonstration was to show the board members how much support exists for divesting university funds away from the fossil fuel industry.

"This isn't going to go away. They need to have action on it," MacNeish said before the group walked into the meeting

### Quoted

**"It's not OK to be a post-secondary institution that says it's a sustainability leader, but is invested in oil companies."**

Dalhousie University student  
Rob MacNeish

just before 3 p.m.

A couple of students held a large "Divest Dal" sign as others approached board members to discuss why they would like the investments removed.

The board controls the university's \$411-million endowment fund in the stock market, MacNeish said, and fossil fuel investments should be removed because the school describes itself as a sustainability leader.

"(It's) putting their money where their mouth

is. They claim to be so green already, so it would be nice to meet that," said third-year student Elizabeth Latimer, who participated in the demonstration.

MacNeish said the roughly \$50 million Dalhousie currently has invested in fossil fuels would be better spent on green energy, because oil is no longer a "safe bet" with new technology and carbon pricing going up.

"This is something that can be done safely. It's not going to lose the university any money. It actually might generate more money," MacNeish said about divestment.

He said other benefits could include increased enrolment and more donations from environmental groups.

The campaign's petition has about 600 signatures, and the support of environmentalists David Suzuki and Silver Donald Cameron, said MacNeish.



Students hold a banner in protest during the start of a board of governors meeting at Dalhousie University on Tuesday.  
JEFF HARPER/METRO

# Helping has Hali cop back in Haiti



Const. Sam Cote in Haiti CONTRIBUTED

A ceremony was held on Tuesday to award medals to 67 Canadian police officers serving on the UN Stabilization Mission in Haiti on what is the 25th anniversary of peace operations by our country's police around the world.

Haitians were also honouring the Canadian police sent to help people in the country after a devastating earthquake in 2010.

Halifax Regional Police Const. Sam Cote was one of the officers honoured Tuesday. He was in Haiti five months after the earthquake, and is currently on his second year-long deploy-

ment to the country.

"I just raised my hand and said I wish I could go," he said from Port-au-Prince on Tuesday.

The first time in Haiti, Cote worked in basic services for refugee camps, that on their own were almost like cities.

He said he's since gone back for a second stint to continue with his desire to help people in the country.

His main role now is implementing community policing and making it more proactive.

"We're focusing on building relationships between police officers and

### Why he helps

**"International peace operations are important and sharing our experience and lending our hand to help is very rewarding."**

Halifax Regional Police  
Const. Pierre Bourdages

the people," he said.

"We want to raise the visibility, the accessibility and the trust between the people and the police."

Police spokesman Const. Pierre Bourdages, who was also deployed to Haiti in 2010, said the international peace operations are done on a volunteer basis.

"There is two weeks of training in Ottawa and that leads to a 12-month deployment," he said.

Bourdages said the police officers sent to Haiti work in a various aspects of the force, including public relations, sexual assault and crowd control.

"We're there to mentor and assist Haitian police, to better their training and expertise," Bourdages said.

DESERIE MURPHY/FOR METRO

### Goats, chickens, pigs

## Animals die in barn blaze

The cause of a fire of that destroyed a barn in Upper Stewiacke on Monday night is being listed as undetermined.

Goats, pigs and chickens died in the blaze on Highway 289. Firefighters responded to the call just before 9 p.m.

TRURO DAILY NEWS

### April 7 show

## 1,2,3,4 Feist to play at Rebecca Cohn

For the first time in six years, multiple Juno award winner Feist is returning to Halifax for a show at the Rebecca Cohn Auditorium.

Feist is a Nova Scotia native and Grammy Award-nominated

singer-songwriter who last played in the city in 2008 at the Metro Centre.

Feist is returning to Halifax on Monday, April 7 for a show at the Rebecca Cohn Auditorium.

Tickets go on sale Friday at noon through the Dalhousie Arts Centre box office. They are \$41 in advance and \$46 for the day of the show.

METRO



Feist in concert. METRO FILE

### Hants county

## Paramedic pleads not guilty to sexual assault

A suspended paramedic accused of sexually assaulting multiple female patients has pleaded not guilty to charges stemming from incidents alleged to have occurred in Hants County.

James Duncan Keats, of Kentville, was not present in

Windsor provincial court on Tuesday when legal aid lawyer Karen Armour entered the not guilty pleas on his behalf.

Keats is due to return to Windsor provincial court Sept. 29 and Oct. 3 for trial.

Keats, 48, is facing a total of seven counts of sexual assault and seven breach of trust charges stemming from alleged incidents said to have occurred in the counties of Halifax and Hants County between Dec. 20, 2010 and April 21, 2013.

HANTS JOURNAL



# The budget: Six things to know

Along with freezing operating budgets and vowing a surplus by next year, Tuesday's federal budget delivered a grab bag of initiatives. Here's six you should know about.

GEOFF MATTHEWS AND TREVOR GREENWAY

Metro in Ottawa



## The Canada Job Grant

Canadian businesses looking to hire and train underemployed or unemployed workers will get a hand from the top, as the 2014 federal budget will launch the Canada Job Grant, giving businesses up to \$15,000 per worker for training costs.

## First Nations education reform

The federal government will inject \$1.9 billion over the next five years to reform the on-reserve education system to give First Nations communities education "comparable to provincial and territorial school systems."



## Ending 'price discrimination'

Finance Minister Jim Flaherty says he is going after companies that charge higher prices for goods sold in Canada than they do in the U.S. "The Government intends to introduce legislation to address price discrimination that is not justified by higher operating costs in Canada," said the budget tabled by the minister.

## Where there's smoke, there's additional taxes

Smokers will pay 50 cents more a pack, effective immediately, as the government moves to reduce tobacco consumption. The move is expected to generate an additional \$96 million for the federal treasury in the current fiscal year. The federal excise tax will rise from \$17 to \$21.03 a carton.



## Beefing up our food-safety system

Government will inject \$390 million over the next five years into Canada's food safety system. The cash will go into hiring inspectors and to create a country-wide information system for authorities to respond quickly to food-safety risks.

## Canada online: Aiming for 'near universal access'

The government says high-speed broadband networks should be available to virtually all Canadians within five years. In his budget, Flaherty said access to reliable networks is part of everyday life for Canadians, and promised \$305 million over the next five years, to provide service to 280,000 more households.



# Lululemon squeezing customers into 'unfair' philosophy: Study



People walk inside a Lululemon Athletica store in Miami late last year. Researchers from King's University College suggest the retailer is pushing a "deeply unfair" political philosophy that blames individuals for things they're not in control of. JOE RAEDLE/GETTY IMAGES

Making customers feel bad about their lives may be the secret to Lululemon's success at squeezing thousands into stretchy pants, argues research from an Ontario university.

The Canadian yoga retailer's manifesto, emblazoned on its bags with messages like "stress is related to 99 per cent of illness" and "this is not your practice life," helps sell athletic wear by promoting a philosophy that blames people if their lives aren't fabulous, according to the paper published in the Canadian Review of Sociology in January.

The political philosophy emphasizes individuals and personal responsibility, said co-author Christine Lavrence, professor at King's University College. While that might not seem bad, it can be "deeply unfair" by blaming people for things they're not in control of — say, a person with an illness or a single mother that sacrifices career advancement to care for her children, Lavrence said.

Lavrence and co-author Prof. Kristin Lozanski questioned how the "hugely successful piece of Canadian pop culture" managed to resonate so deeply with consumers.

## Lululemon shrugged

Lululemon has stood by its political stances in the past.

- It famously stirred controversy by using bags quoting Ayn Rand, a philosopher popular with libertarians and American conservatives.

After studying retail locations across the country and analyzing the corporation's mission statement, the professors found Lululemon actively pushes a philosophy in a unique way.

"They make nice yoga clothes, they've got nice bags, but they're promoting a very specific political ideology," Lozanski said.

The researchers were critical of the message that mediocrity leads to a "lousy life," as it puts even more pressure on people in a success-obsessed society. Lozanski hopes the research will encourage people to rethink individualism and the way society makes individuals feel fully responsible for success and failure.

EMILY JACKSON/METRO IN VANCOUVER

# China. Canadian killed by bird flu may have caught it at illegal poultry market

Canada's first H5N1 flu patient may have contracted the bird flu virus passing through or near an illegal live bird market in Beijing, Chinese scientists have suggested.

And Canadian researchers have published a report on the full genetic sequence of virus taken from the Alberta woman, who died in early January after returning from a three-week trip to her native China.

The source of the woman's infection has been a mystery. She spent her entire trip in Beijing, where H5N1 reportedly hasn't been discovered for some time. Now scientists from Beijing's Center for Disease

Prevention and Control have hypothesized that the woman may have contracted the virus by walking through or near market stalls that surreptitiously sell live poultry.

Beijing banned live poultry markets in 2005. But an illegal trade in live birds continues in the city, the authors said in a letter to Journal of Infection.

"Although the Beijing government makes efforts to ban the illegal dealing of live poultry, this selling mode consistently exists as many Chinese people prefer live poultry to fresh poultry in light of their culture of consumption," said the authors. THE CANADIAN PRESS



A woman buys chicken at a market in Beijing in 2009. Chinese researchers are suggesting Canada's first H5N1 flu patient may have contracted the bird flu virus passing near an illegal live bird market in Beijing. ANDY WONG/THE ASSOCIATED PRESS



# Canada's ski jumpers join in historic Olympic debut

Kim and Steve Henrich just wanted their daughter to take off clean and land in style. All the rest didn't matter so much.

After all, Calgary's Taylor Henrich had already helped make history at the Sochi Games just by being invited to compete.

Henrich, 18, was among an international field of 30 female ski-jumpers taking part in the Olympic debut of their sport Tuesday, one that came after years of controversy. In 2009, the Supreme Court of Canada denied an appeal to have the ladies compete in the 2010 Vancouver spectacle.

Kim and Steve weren't able to make it to Sochi to take in their daughter's moment to shine on the world stage, so they organized a viewing party at the Calgary Winter Club. The nerves were high at first: Kim admitted she struggled to watch as Taylor rocketed down the 90-metre take-off ramp.

In the end, she wound up 13th, just one spot behind fellow Calgary jumper Atsuko Tanaka, the only other Canadian competing in the event.

"Taylor is really phenomenal," Kim said after the excitement slowed. "She's not a kid anymore... she always put her best effort into anything she



Kim and Steve Henrich held a party for their daughter Taylor, taking part in the first Olympic women's ski-jumping event. JEREMY NOLAIS/METRO IN CALGARY

does. I'm really proud of her."

In all likelihood, the women's event will stay on the Olympic program into the 2018 Games. Steve said he would like to see a 120-metre hill and a team event added for women — the men already compete in three disciplines.

It's not clear, however, if Taylor will take flight again at a future Games.

"This is the pinnacle for her," Steve said. "At this point, she can step up or step out and she has to decide what she wants to do. It's good that she and her teammates got to this point."

Tanaka, meanwhile, told

reporters in Sochi that the mood was light among the competitors, despite the stakes being high.

"I was just really having fun up there with all the girls. We were high-fiving each other, wishing each other good luck," she said. "It was a great atmosphere to be jumping in."

"It would have been cool if I got to have a medal around my neck, but it didn't happen that way. I gave it everything I had so I'm just happy with everything that happened today." JEREMY NOLAIS/METRO IN CALGARY, WITH FILES FROM THE CANADIAN PRESS

## Olympic spirits. In the midst of it all, a cemetery

Stadiums, the Olympic torch, food stalls — what else can you expect to see in an Olympic park? In Sochi: a cemetery.

A small graveyard of Old Believers, a purist sect that branched out of the Russian Orthodox during the 17th century, is smack in the middle of Olympic Park in Sochi. It goes completely unnoticed by passersby who walk along a round plot of land surrounded by a tinted glass fence and lined with almost identical and impenetrable fir trees.

Guarding the entrance to the cemetery are four police officers from Moscow and a police van.

"Why should we, Russians, bother?" said one, who wouldn't give his name when approached. "We always turn a funeral into a wedding."

Before construction for the Sochi Games began in the Imeretinskaya Valley, the area that is now Olym-

pic Park was home to a community of Old Believers, with a cemetery next to it. The Old Believers have been relocated to a village nearby, but they insisted on leaving the graves of their forebears intact.

The cemetery has been open for a century, the Sochi organizing committee's chief, Dmitry Chernyshenko, said last year. He said not moving it was a necessary concession to the community.

Most spectators who come to see Olympic competitions pass the tree-lined circle unaware of what is inside it. Many say they see nothing wrong with preserving the place of eternal rest amid the Olympic festivities.

"The most important thing is that they kept it," said Nadezhda Muizheznik. "One should treat death calmly. We will all have to go through it."

THE ASSOCIATED PRESS

# RUSSIA'S ANTI-GAY STANCE HAS SPOILED THE SOCHI OLYMPICS



ANGELA MULLINS  
Managing editor  
for Metro in London, Ont.  
angela.mullins@metronews.ca

## Too close to home

The atmosphere in Sochi has left me angry and, quite frankly, hurt.... I have no option but to sit these Games out.

But this year will bring no such motivation or inspiration. The atmosphere in Sochi has left me angry and, quite frankly, hurt.

I don't feel part of these Games. In fact, I feel quite the opposite: asked by the host to either bow out or keep quiet.

See, my problem is with all this "anti-gay stuff," as a prominent member of the International Olympic Committee put it so eloquently recently.

As millions openly bask in the glow of Russia's shiny new stadiums, many nearby are being forced to live anything but an open life.

I used to be one of those people, and the memories, though more than a decade old, are still too raw for me to face.

Trust me, I did anything

but run out of my closet waving a rainbow flag. I grew up in a conservative family in small-town America, where it was barely acceptable to be black in the '90s, much less gay.

When I eventually told my parents I was dating a woman, now my wife, the rejection was immediate.

It hurts to be told that something as basic as who you love is wrong, much less that you could be jailed as a result. It's a pain that dulls over time, but it never goes away no matter how much you laugh or how much you cry.

For me, the Sochi Games are and always will be automatically linked to Russia's attack on human rights. Even watching from afar scratches too many old personal wounds and comes closer than I dare to supporting something so innately wrong.

So, that's it. I have no option but to sit these Games out.

The politics have simply hit too close to home this time and it's something I just have to accept, like it or not.



## Activists smuggling stray dogs out of Sochi

Animal activist Igor Airapetian carries a stray dog brought out of Sochi by a fellow activist at a rendezvous point in Tuapse, Russia, 120 kilometres away from the Olympic area, on Tuesday. Airapetian is one of a dozen people in the emerging movement of animal activists in Sochi alarmed by reports that the city has contracted the killing of thousands of stray dogs before and during the Olympic Games. DAVID GOLDMAN/THE ASSOCIATED PRESS

## Olympian in court

### Girlfriend's mother to attend Pistorius trial

The mother of Oscar Pistorius' slain girlfriend will attend the double-amputee Olympian's murder trial next month to get "closure," Reeva Steenkamp's family said on Tuesday.

Steenkamp's immediate family members never attended Pistorius' past court dates. THE ASSOCIATED PRESS

## Novice hockey

### Parents, coaches brawl, kids watch

A North Dakota minor hockey official says police were called to a game of two Winnipeg teams last weekend.

Mike Prochnow says a player's mother followed an opposing coach to a locker room, sparking a brawl in front of seven- and eight-year-old players. No charges were laid. THE CANADIAN PRESS



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## Search for 'female Viagra' taking longer than it took Odysseus to get home

The pharmaceutical industry's 15-year epic hunt for a female equivalent to Viagra hit another roadblock Tuesday. The Food and Drug Administration in the U.S. wants more research on flibanserin, formulated to boost sexual desire in women, by Sprout Pharmaceuticals. The FDA wants more data on how the pink tablet interacts with other medications and how it affects driving ability. Nearly 10 per cent of women studied in company trials reported sleepiness while taking the daily pill. ALLEN G. BREED/THE ASSOCIATED PRESS

# Americans go whole hog for bacon festivals

## 'Pigging out'

1.5 billion pounds of smoked and cured pig meat is eaten in the U.S. every single year

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They're all on the menu this week as one Atlantic City casino stretches the bounds of good taste and cardiovascular health with Bacon Week. The



**Hungry yet? A bacon, lettuce and tomato sandwich made with an entire pound of bacon at the Tropicana Casino and Resort in Atlantic City, N.J. THE ASSOCIATED PRESS**

festival at the Tropicana Casino and Resort gives new meaning to the term "pigging out."

The idea of a bacon festival is not as far-fetched as it might sound. Americans eat about 1.5 billion pounds of bacon a year, according to the National

Pork Board. And the website bacontoday.com counted nearly 30 bacon festivals around the country from late April through December 2013, many of whose tickets sold out in minutes.

THE ASSOCIATED PRESS

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### NSA leaks

## Technology firms urge changes to U.S. spying

A coalition of America's leading technology firms is urging changes in the government's spying programs.

THE ASSOCIATED PRESS

### Market Minute



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# THE PROBLEM(S) WITH PARENTS

Having children changes people. Often for the better, but we all know at least one couple that has gone completely overboard. Whether they're overprotective, insanely health-conscious, educationally obsessed or they want to breastfeed until the kid is in his teens, we can all agree that they freak the rest of us out.

I'm not sure when the co-sleeping fad began, but the theory that keeping a newborn close after birth might ease their separation anxiety seems plausible enough. Then, some took it a step too far and decided that a baby should be immediately held and only released into the arms of the other parent and back for an extended part of their infancy. This includes sleeping and bathing with the child. No independent bedroom. No crib. Perpetual togetherness.

Hey, why stop there? Why not leave the umbilical cord until it falls off and you have it bronzed and turned into a



**JUST SAYIN'**  
**Mike Benhaim**  
metronews.ca

bracelet that the child can wear as a reminder of this glorious eternal connection? No, that would be weird.

And how about mastication? We all do it, but some parents believe in pre-masticating. In 2012, Alicia Silverstone posted a video on her mommy blog of her chewing food and then inserting it DIRECTLY from her mouth into that of her one-year-old.

Silverstone's response to public outcry was that it was perfectly normal and people have been doing it for thousands of years, and she's right. Those people are called birds. In fairness though, it's not like she was planning on doing that forever. Eventually, she'll spit into a bowl or something. I mean, the kid's gotta learn to use a

spoon sometime, right?

The vegan even had the audacity to proclaim, "Just had a delicious breakfast of miso soup, collards and radish... yum! Fed Bear a bit from my mouth to his. It's his favourite and

mine."

Mmmm. That certainly does sound delicious. And imagine the preschool conversation.

"What'cha got? Apple sauce?"

"Nah, steamed radish and kale. Pre-chewed. Trade you for that Twinkie?"

But who are we to judge? Perhaps children should be free to adjust at their own pace without the stress of sleeping and bathing in companionless isolation. Is it fair to prematurely pressure a child to learn to use a toilet? Or walk, or chew, or deal with a world full of ... spontaneity? Why? So they can cope? You show me a person who copes, and I'll show you someone who probably doesn't call their mother often enough. Is that the kind of person with whom you want your child sharing the world?

All sarcasm aside, there is a fine line between not doing enough for your children, and doing way too much.

In the immortal words of Pink Floyd on The Wall, "Mother, did it need to be so high?"

Mike is filling in for Paul Sullivan, who will return next week.

## ZOOM

### Winter Olympics a.k.a. Warm Olympics



LUCA BRUNO/THE ASSOCIATED PRESS

#### Mountain sports affected by weather

The forecast for the next day's temperature is reflected in the ski goggles of a volunteer at the Sochi 2014 Winter Olympics Tuesday in Krasnaya Polyana, Russia. Warm temperatures in the mountains made the snow too soft and caused the cancellation of women's downhill training on Tuesday.

THE ASSOCIATED PRESS

#### Athletes trying to chill out on the runs

Cross-country skiers are looking for the right wax to cut through the mush. Jumpers are trying to land in snow that's way too soft. Freestyle skiers and snowboarders are bailing out of their best tricks on courses that are melting under the Sochi sun. Temperatures climbed well above 10 C even on the highest hills.

THE ASSOCIATED PRESS

#### What's in the past

- Four years ago, too-warm, too-wet weather in Whistler delayed the start of racing.
- At Turin in 2006, the women's super-G was postponed 24 hours, and the combined event was split over two days.
- Skiing at Nagano in 1998 waited for two days, and officials shoehorned nine races into 10 days.
- At Sarajevo in 1984, both downhill were postponed.
- And the last pre-Olympic World Cup weekend for Alpine skiing shared a similar fate.

#### Clickbait



**LUKE SIMCOE**  
Metro Online

With its sudden removal from the Android and iOS app stores over the weekend, Flappy Bird appears to have flown into its final pipe. Fortunately, like everything popular that disappears from the Internet, the beloved — if slightly masochistic — game has returned ... in clone form! Minutes after the game was pulled by its Vietnamese developer, app stores were flooded by thinly-veiled imitations. We here at Metro played some of them, so that you don't have to.



CONTRIBUTED

#### IronPants:

It's exactly like Flappy Bird, if you replaced the bird with a caped superhero and the pipes with boxes! It's one of the more polished clones, so expect it to fare well.

#### Flappy Doge:

If you don't have an Android or Apple device but still want to deflate your self-esteem, you can always try Flappy Doge. The browser-based game replaces the titular bird with everyone's favourite memetic Shiba Inu.

#### Cute Tiny Birds:

Guide a bird that looks like Toucan Sam on a quest to snag rings that suspiciously resemble Froot Loops. Get it quick before Kellogg's sues it out of existence.

#### Fly Birdie:

If Flappy Bird was too difficult for you (so, basically everyone), try Fly Birdie. The game works on the same principle, except the space between the maddening pipes is vastly increased.

#### Twitter



special.

@metropicks asked: Don't break up on Valentine's Day, or ignore the holiday, says @MetroSheSays. What's another V-Day faux pas?

@twharding: don't propose. Save that for a different day so it's more

@thingleaderof5: don't break up BEFORE Valentine's day, to be with your new "one". Trust me, it sucks.

Follow @metropicks and take part in our daily poll.

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# New RoboCop winks at dystopian original



Swedish actor Joel Kinnaman stars as the new RoboCop. CONTRIBUTED

**Back to the future.** IMAX remake of RoboCop plays up realism foretold by 1987 original



**IN FOCUS**  
Richard Crouse  
scene@metronews.ca

If the original RoboCop movie is any indication, sometimes life does imitate art.

The 1987 film shows a crime-ridden and financially ruined Detroit turning to a part-human, part-robot cop to police the streets. As far as I know, no cyborgs have ever patrolled the neighbourhoods of Motor City, but 27 years after the movie hit theatres, Michigan's most populous city declared Chapter Nine, becoming the largest municipal bankruptcy filing in U.S. history.

Prescient? Perhaps.

Fosterwealth.com wrote, "With Detroit's bankruptcy, we've seen much of RoboCop come to pass," while screenwriter Ed Neumeier remembers a note written in the margin of his copy of the script, "The future left Detroit behind."

The writer also told CNN, "We are now living in the world that I was proposing in RoboCop."

The original Peter Weller movie lived at the centre of popular culture when it came out, spawning two sequels, a television series, two animated shows, a mini-series, video games and several comic books.

And today RoboCop is still

## Fresh take

**"I'm not trying to remake RoboCop, because I don't think RoboCop is remake-able."**

Director José Padilha

## Film hits the fan

**RoboCop busts a moviegoer**

Another incident illustrates how the film aided real life law enforcement... at least once.

A robbery suspect/movie fan in Sacramento, Calif., tried to elude police by hiding out in a movie theatre showing RoboCop. He became so immersed in the film he didn't notice the cops evacuating the audience, leaving him alone and busted when the lights came on.

a going concern.

Later this year a 10-foot-tall tribute statue will be unveiled in Detroit and this week a remake will become the first RoboCop movie to be released in IMAX.

The new RoboCop is an all-star affair, with Swedish star Joel Kinnaman as the title character and appearances from Gary Oldman, Michael Keaton, Samuel L. Jackson and Jay Baruchel. Just don't expect a straight-up copy. "I'm not trying to remake RoboCop," says director José Padilha, "because I don't think RoboCop is remake-

able."

Instead, Kinnaman says, the new film will be "realistic," and "will have a satirical quality... It's going to have that wink in the eye, but we're not looking to replicate the [original director Paul] Verhoeven tone."

The one thing the two films have in common for sure is that while both are set in Detroit, neither used the city as the principal shooting location. Verhoeven filmed his movie in Pennsylvania and Texas whereas the new movie was lensed mainly in Toronto and Vancouver.

## Action





## RoboCop

Director. José Padilha

It's 2028 and conglomerate OmniCorp is at the centre of robot technology. Overseas, their drones have been used by the military for years, and it's meant billions for OmniCorp's bottom line. Now OmniCorp wants to bring their controversial technology to the home front, and they see a golden opportunity to do it. When Alex Murphy (Joel Kinnaman) — a husband, father and good cop doing his best to stem the tide of crime and corruption in Detroit — is critically injured in the line of duty, OmniCorp sees their chance to build a part-man, part-robot police officer.

**Rotten Tomatoes™ score**  
Critics: Audience:

 52%  97%

## Obituary

**Iconic child star of 1930s dies at 85**



Shirley Temple GETTY IMAGES

Shirley Temple, the dimpled, curly-haired child star who sang, danced, sobbed and grinned her way into the hearts of Depression-era moviegoers, has died, according to publicist Cheryl Kagan. She was 85.

Temple, known in private life as Shirley Temple Black, died Monday night at about 11 p.m. at her home near San Francisco. She was surrounded by family members and caregivers, Kagan said.

A talented and ultra-adorable entertainer, Shirley Temple was America's top box-office draw from 1935 to 1938, a record no other child star has come near. She beat out such grown-ups as Clark Gable, Bing Crosby, Robert Taylor, Gary Cooper and Joan Crawford. **THE ASSOCIATED PRESS**

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# METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

## The Word

### It's not all the same to Jackson when reporter mistakes him for Fishburne

A Los Angeles newscaster apologized to Samuel L. Jackson for confusing him with fellow actor Laurence Fishburne during a live TV interview.

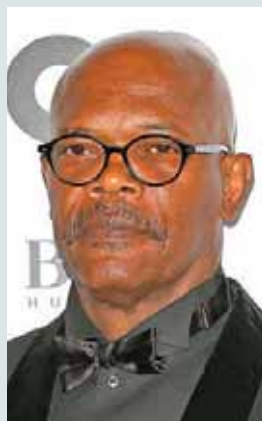
KTLA entertainment reporter Sam Rubin was interviewing Jackson on Monday about the film RoboCop when he asked the actor if he'd gotten a lot of reaction to his recent Super Bowl commercial.

When Jackson asked, "What Super Bowl commercial?" Rubin realized his mistake and began to apologize. But it was too late.

"You're as crazy as the people on Twitter," an animated Jackson, who was doing the interview by satellite from Atlanta, told Rubin. "I'm not Laurence Fishburne. We don't all look alike. We may be all black and famous but we don't all look alike."

As Rubin, who is white, tried to apologize, a smiling Jackson went on at length, listing various black actors and their commercials. Video of the exchange quickly went viral.

"I'm the 'What's in Your Wallet,' black guy," he said



of his own commercial for a credit-card company. "He's the car black guy. Morgan Freeman is the other credit-card black guy. You only hear his voice, though, so you probably won't confuse him with Laurence Fishburne."

Fishburne, as the character Morpheus from the Matrix movies, appeared in the Super Bowl commercial for Kia automobiles.

The pair eventually got back to talking about RoboCop, with Jackson telling Rubin how highly he regards Michael Keaton and Gary Oldman, who appear in the film with him.

"You do know who they all are though, right?" he teased. "Just in case they have some of them on the show. Do some work. Do some research. Make sure you don't confuse them with those other white actors." **THE ASSOCIATED PRESS**

## Is it ring-around-the-Rosie time for Victoria's Secret model and Jason Statham?

Rosie Huntington-Whiteley is sure excited about something coming up with boyfriend Jason Statham, although she won't go into specifics — but that's not stopping others from speculating that there might be a summer wedding planned for the pair. "There are a few things in my personal life that are very exciting that I probably can't elaborate

on," she tells the Sunday Times in an otherwise quite candid interview. "I think the longer you are together, the more you look out for each other, the more you become invested in each others' lives," she says. "We really are a team. We are deeply connected. We are best mates and it's a beautiful thing. I feel truly lucky. He's a warm spirit."



Rosie Huntington-Whiteley  
ALL PHOTOS GETTY IMAGES

## Twitter



@jimmy-kimmel  
It's so cute  
Matt Damon  
thinks any-  
body cares  
what he has to say



@ABFalec-baldwin  
Madre de Di-  
os, it's snow-  
ing here in  
Madrid!!



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LIFE

## Dip your toe into Africa

**Namibia.** Try a road trip, hiking up sand dunes or a four-wheeler adventure in this southwestern African nation



ANDREW JOHN  
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Europeans have been keeping this a secret. For years they have quietly been adventuring through Namibia, renting cars and hitting the road in search of an Africa that still seems untouched by the tourist hordes that descend on destinations like South Africa and Tanzania. Those looking to plan the ultimate African road trip will find an affordable and safe adventure here.

#### The mighty dunes of Sossusvlei

One of Namibia's star tourist attractions can be found in the Namib-Naukluft National Park. Photography fans will need to ready themselves for the jaw dropping views of Sossusvlei, a huge clay area enclosed by giant sand dunes. A real fitness challenge for any visitor is the three-hour hike up Big Daddy, a sand dune considered to be the world's tallest, towering 380 metres



The hike up the dune nicknamed Big Daddy, in Namib-Naukluft National Park, is a three-hour fitness challenge. ANDREW JOHN VIRTUE DOBSON/FOR METRO

above the landscape. After you catch your breath, take a few minutes to admire the eerie Deadvlei, where dead trees — some believed to be more than 900 years old — stand silent against the scorched clay landscape.

#### Exploring the coast

Located on the Atlantic coast, Swakopmund is the breezy beach resort where Angelina Jolie gave birth to her and Brad Pitt's first biological child. While the city offers a few blocks of worthwhile shopping, tourists are mostly here to enjoy the adventures in the nearby countryside.

Thrill seekers can hop on

a four-wheeled motorbike and zoom over the boundless expanse of shifting sand dunes. You can spend hours zigzagging through the world's largest sandbox. A quick drive to the south of Swakopmund is Walvis Bay Harbour, where you can hop on a boat trip along the coast. The yachts are chased by enthusiastic pelicans as they make their way to the massive Cape fur seal colony in the region. If you're lucky you'll also spot a few dolphins.

#### Safari thrills at Etosha National Park

If you want to enjoy the thrill of a quintessential Af-

rican safari, you will want to add Namibia's crown jewel, Etosha National Park, to your itinerary. Etosha's watering holes, scattered throughout the park's 22,000 square kilometres, are the gathering place for a number of exotic animals, with an estimated 300 lions, 200 rhinos, 2,000 giraffes and 1,500 elephants that call the park home.

A common sight are the dainty springbok. It's estimated more than 30,000 of these brown and white antelope-gazelles can be found prancing about in enormous herds through the park.

#### About Namibia

Namibia derives its name from the Namib Desert. It stretches 2,000 kilometres from the Orange River in the south to the Kunene in the north. While Namibia is four times the size of the U.K., it is the most sparsely populated country in the world. In the 1800s, Germany used the port town of Swakopmund as its main harbour while colonizing southwest Africa. Namibia's connection to Germany is still present: Air Namibia flies visitors to Windhoek through Frankfurt. Visit [airnamibia.aero](http://airnamibia.aero).

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# Get into the Olympic spirit at Whistler



Slide the same track that the 2010 Olympians zoomed down at the Whistler Sliding Centre. BC LIVING/Flicker

**Lots of legacy.** The Vancouver Games left behind a host of great venues — now open to tourists looking for a taste of Olympic glory



**ON THE MOVE**  
Loren Christie  
life@metronews.ca

With the 2014 Sochi Olympic Games upon us, Whistler — proud co-host of the 2010 Games — is keeping its Olympic legacy alive and well by allowing tourists to follow in the tracks of champions.

The skeleton course at the Whistler Sliding Centre is the fastest and steepest track in the world. I recently took the head first plunge down the icy track; in the final bend my speed clocked in at 95.6 kilometres an hour. It took me 31 seconds to complete, just enough time

to be exhilarated and terrified in the same breath. If you are more comfortable with strength in numbers, you can also try out the bobsled in groups of four. Both experiences will cost you \$169 plus tax.

The mountains of Whistler Blackcomb offer more than 8,000 acres of skiable terrain, but skiers and boarders shouldn't miss the official alpine venue. The Dave Murray Downhill and Franz's runs on Whistler Mountain were part of both the men and women's alpine events during the 2010 Winter Games. Anyone with a lift ticket can follow in the athletes' tracks; their speeds may be harder to replicate. There are numerous packages available which will save you some money, but count on roughly \$100 a day for lift tickets.

Those interested in Nordic skiing are welcome to check out Whistler Olympic Park. The 56 kilometres of public ski trails are groomed for both skate and classical skiers, and range from beginner

to bona fide Olympic levels. Entry to the park is \$10. With the guidance of an instructor, you can also try your hand at biathlon using a .22 calibre rifle. After doing a skate ski loop, you are given five rounds to fire at a target. Be warned that after some cardio excursion and fresh mountain air, the steady hand and even breathing required to be a straight shooter do not come easily.

For those who prefer to follow in the athletes' footsteps without breaking a sweat, check out Whistler Olympic Plaza. Once the medal ceremonies were finished, the space was converted into an outdoor performance space featuring art celebrating the Games and an outdoor skating rink in the winter months. You can also spend the night in Cheakamus Crossing, site of the Athletes Village, by getting a room in the Hostelling International hostel. Once home to the athletes, it's been converted into an extremely affordable 55-bed hostel.

## Contest

### Love our athletes

Air Canada is hosting a Rise Up Canada contest, where you can enter to win one of four \$500 Air Canada gift cards. With each entry, Canadians increase the value of the gift cards given to all Canadian Olympic athletes. The grand prize is a trip for two to the Summer Games in Rio. Visit [riseupcanada.ca](http://riseupcanada.ca). **DOUG WALLACE/METRO**

## Trend

### Ski trip GPS

High tech ski resorts offer GPS systems that not only keep track of your kids, but also your skiing, too. Manage the day's data yourself with a tracking app. Ski Tracks GPS is the most popular, logging distance, speed, altitude, slope angles and more. \$0.99 at iTunes and Google Play. **DOUG WALLACE/METRO**

## How-to

### Keep travel expenses down

1. Select the red-eye flight to shave a night — or two — off the hotel bill.
2. Skip the expensive hotel laundry service and Google your nearest laundromat instead.
3. Negotiate a travel plan for your mobile phone.
4. Never ever touch the mini bar. **BYOB. DOUG WALLACE/METRO**

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# Spoil your sweetie with sugary decadence

**Sweet Week.** Midway through Metro's Valentine's Day treats series, we indulge in a sophisticated cake

To be classified as chocolate, white chocolate has to have at least 20 per cent cocoa butter. This cake has a secret ingredient, with white chocolate in both the cake and frosting.

**1. Cake:** Coat a 15-cm (6-inch) cake pan with non-stick cooking spray and lightly flour. Line bottom of pan with parchment, then spray and flour again.

**2.** In heatproof bowl, melt white chocolate in microwave for 15 seconds, then stir. Repeat until half chocolate is melted.

**3.** In a large bowl, combine flour, sugar, salt, baking soda, buttermilk and butter. Mix on low speed with electric mixer

until all dry ingredients are completely moistened. Stir in melted chocolate.

**4.** In a clean, dry bowl, beat egg whites and vanilla until stiff peaks form. Gently fold batter into egg whites. Spread evenly in cake pan. Tap on counter to remove any air bubbles.

**5.** Bake in a 180 C (350 F) oven for 20 to 30 minutes or until toothpick comes out clean (cake does not develop a typical outside skin). Let cool in pan on a rack, then remove from pan.

**6. Frosting:** In heatproof bowl, melt white chocolate in microwave for 15 seconds, then stir. Repeat until half the chocolate is melted. In a large bowl, beat softened cream cheese until smooth. Gradually beat in melted chocolate. Add butter and vanilla and blend thoroughly until smooth. Ice cooled cake.

**7. Top with dark chocolate shavings and maraschino cherries.** **THE CANADIAN PRESS/ GARY MITCHELL, HEAD CHOCOLATIER, PURDYS CHOCOLATIER, VANCOUVER.**

## Ingredients

### Cake

- 85 g (3 oz) white chocolate, chopped
- 300 ml (1 1/4 cups) flour
- 175 ml (3/4 cup) sugar
- 2 ml (1/2 tsp) salt
- 1 ml (1/4 tsp) baking soda
- 75 ml (1/3 cup) buttermilk
- 50 ml (1/4 cup) butter, softened
- 4 large egg whites
- 5 ml (1 tsp) vanilla

### White Chocolate Frosting

- 125 g (4 oz) white chocolate, chopped
- 125 ml (1/2 cup) cream cheese, softened
- 125 ml (1/2 cup) butter, softened
- 5 ml (1 tsp) vanilla
- Topping**
- 50 g (1 3/4 oz) dark chocolate shavings
- Maraschino cherries



**BAKE TIME**  
20-30 MINUTES

This recipe makes one single-layer cake. THE CANADIAN PRESS

# Have you got the boardroom blues?

**Professional and productive.** How to hold a successful office sit-down minus the yelling and the yawns

**JULIA FURLAN**  
Metro World News

The conference room can be the place where big things happen — unless it's where productivity goes to die. The key to having meetings that get things done is planning and cooperation, according to Berny Dohrmann, founder of CEO Space, a company whose workshops and conferences are geared toward making workplaces more efficient.

"There are oceans of waste in endless meetings that don't have 'deliverables,'" Dohrmann says, referring to the specific goals he says should be addressed whenever employees come together. In his opinion, almost everyone is doing it wrong.



Where could a grouping go without a guide? Designate a fearless leader before you hit the conference room. ISTOCK

Before you convene at the table, he suggests naming a "psychic leader" for

the meeting, plus one to three specific goals. But the most important thing he

suggests is that everyone check the bad attitude at the door.

## The big three of a miraculous meeting

The next time you're trapped in a meeting with listless leadership and meandering direction, keep Dohrmann's tips in mind:

- Before going into the meeting, make sure there are "deliverables," or specific things that employees are attending the meeting to gain or learn.
- During the meeting, have one person act in a leadership position. His or her focus and guidance can keep things moving in the right direction.
- Throughout the workplace, make sure that being positive and cooperative is highly valued, instead of breeding a competitive workplace where employees are pitted against one another.

"Criticism is a destructive element," he says, suggesting that employees should be encouraged to "plus" one another. This means having a meeting framework where those present are encouraged to build upon and boost each others' ideas instead of being negative. "This builds consensus to make common objectives possible," he says.

These collaborative work-

places aren't just kicking butt in the conference rooms either.

Dohrmann cites the winner's circle of profitable companies such as Google, Apple and Zappos, as workplaces with cooperative cultures. Meanwhile, he says, "uncool companies that are competitive — like Exxon and Microsoft — are completely losing their way, having endless meetings that go nowhere."



NBL Canada

## Rainmen fall on the Island

The Halifax Rainmen are back to their losing ways.

Coming off their first road win of the season on Saturday, the Rainmen battled to the very end, but couldn't get the job done in a 117-111 loss to the Island Storm at the Charlottetown Civic Centre on Tuesday night.

Heading into the final quarter trailing by eight points, the Rainmen clawed their way to a 111-111 tie with 1:12 remaining in regulation time. But two back to back Rainmen turnovers in crunch time sealed their fate.

Though the Rainmen shot a respectable 45 per cent from the field, they shot a mere 62 per cent (18-29) from the free throw line.

Storm forward Antonio Ballard and guard Nick Okorie scored a game-high 25 points while Olumuyiwa Famutimi paced the Rainmen with 23 points and 16 rebounds.

The Rainmen (7-26) return home to face the Saint John Mill Rats on Saturday at 7 p.m.

METRO

NBA

## Noah pushes Bulls past Hawks

Joakim Noah scored 19 points as part of a triple-double, and the Chicago Bulls beat the Atlanta Hawks 100-85 on Tuesday night.

Noah added 16 rebounds and 11 assists, and Taj Gibson had 24 points and 12 rebounds for the Bulls, who had six players score in double figures. That helped Chicago win its fourth straight against the Hawks and sixth in a row at home versus Atlanta.

THE ASSOCIATED PRESS



After a frustrating weekend, Mooseheads rookie forward Nikolaj Ehlers is looking to get back to his scoring ways. JEFF HARPER/METRO

# Ehlers hopes success translates

**QMJHL.** Leading the CHL in rookie scoring, Mooseheads' point getter is hungry for more in playoffs



ANDREW RANKIN

andrew.rankin@metronews.ca

Nikolaj Ehlers doesn't spend much time reflecting on what has been a very impressive season so far for the 17-year-old rookie.

For the Halifax Mooseheads forward, who is tied with Jonathan Drouin for the team lead in scoring with 71 points, hockey life is about the present and the future.

He's eager to redeem

Quoted

"I know I have to step up my game. I have to help the team more."

Mooseheads forward Nikolaj Ehlers

himself, after being held pointless in both the Mooseheads' weekend losses to the Rimouski Oceanic and Moncton Wildcats.

He'll have that opportunity at home on Wednesday against the Cape Breton Screaming Eagles. Leading the CHL in rookie scoring, he remains hungry and eager to step up his game going into the playoffs with only 13 regular season games left in the Herd's schedule.

"I'm not satisfied with myself," said Ehlers. "I want

to get better. I want to do well this whole season, that's why I'm here. I came here to prove I could play a 100 game schedule, or whatever it might be.

"I want to be one of our key players, not just in the pre-season, not just during the regular season. That's the way I've always felt. So, I'm not feeling big pressure."

But Mooseheads head coach Dominique Ducharme isn't dwelling on Ehlers' mini slump, saying it's a matter of getting back to the basics.

"You can't always force the play, let the play happen and take what's there for you, and use your speed," said Ducharme. "But he's a smart kid; he's adapted really well for a Euro coming in. He'll keep on adjusting."

By now Ehlers is looking at the Herd's past losses as a wake up call. Firing a combined 91 shots, the Mooseheads simply couldn't capitalize enough. If anything, it's a sign of what's to come as Ehlers and Co. go into Wednesday's affair tied with the Rimouski Oceanic for fourth place in league standings, and 10 points out of top spot.

"It made us realize that we have to step up a little bit so we can win those types of games in the playoffs."



Philippe Gadoury METRO

## QMJHL. Gadoury inches toward return from head injury

Little by little Philippe Gadoury is getting better.

On Tuesday, the Halifax Mooseheads' recently acquired forward participated in his first full practice with the team since sustaining a concussion in a game against the Cape Breton Screaming Eagles on Jan. 25.

That's a good sign, considering just a few weeks ago he

couldn't exert himself without suffering from nausea and dizzy spells.

As is the case with many concussion injuries, it's been a tedious and uncertain path to recovery.

"It's been tough being out but I feel good now," said Gadoury after practice. "All you can do is be positive."

Last weekend he was in

Ottawa to see a chiropractor, which he said helped a lot.

On Wednesday, he'll undergo mandatory league testing.

If cleared, he could be back in a couple of weeks. With five goals in eight games with the Mooseheads, he'll be welcomed back to the team's top line.

But Mooseheads head

coach Dominique Ducharme is approaching the situation patiently and cautiously.

"He skated today and the next step will be practicing with contact," said Ducharme. "Then, he'll see a doctor and get cleared. We hope he's back (in a couple weeks), but with these things you never know."

ANDREW RANKIN/METRO

# Howell-in' for you

## Slopestyle skiing.

Huntsville, Ont., skier wins gold on strength of dominant first run in final; Quebec's Lamarre claims bronze

On a day when ski slopestyle queen Kaya Turski crashed out after being laid low by a virus, fellow Canadian Dara Howell stepped up and threw down a memorable run.

The dominant performance earned the bubbly 19-year-old from Huntsville, Ont., gold in the inaugural Olympic ski slopestyle competition Tuesday. Quebec City's Kim Lamarre nailed her final run to claim bronze behind American Devin Logan and complete a day of thrills and spills at Rosa Khutor Extreme Park.

Slopestyle is Don Cherry's kind of Olympic sport — rock 'em, sock 'em on skis. It is high-risk, high-reward stuff, combining eye-popping tricks with stomach-cringing crashes.

Turski showed amazing grit in popping her shoulder back on the course after her first fall. And sixth-place Yuki Tsubota of Whistler, B.C., was stretchered off the course and taken to hospital with a sus-

### Quoted

**"The course just worked for me today. I could not be happier."** Dara Howell

pected jaw injury from a tumbling crash-landing of truly Olympic proportions.

But the day belonged to Howell and her exclamation-point first run in the final.

"At this point in time I think it's one of the most exceptional runs that's ever been done by a girl," said Peter Judge, CEO of the Canadian Freestyle Ski Association and the Canadian freestyle team leader. "Not only the execution of each of the tricks but the overall cleanliness and flow of the tricks, the DD (degree of difficulty). (In) almost every piece of it, she excelled."

Howell's winning run earned a score of 94.20, well ahead of Logan (85.40) and Lamarre (85.00), with the teenager nailing the switch misty mute nine jump (an off-axis full twisting flip) that only she does on the women's circuit.

"I think that's the best run I've ever done in my entire life," said an ecstatic Howell, who was cheered on by a vocal, red-clad pod of family including her parents.

THE CANADIAN PRESS

### Taking a tickin', but still kickin'

Japan's Chiho Takao needed to be helped off the course at the bottom after crashing in the first qualifying run. Sweden's Emma Dahlström also took a nasty tumble, catching her ski on a rail before hitting it hard with her body and sliding off.

- Amazingly both took their beating and came back for more in a sport that will definitely leave a bruise. Ironically the only mark Howell had was two stitches on her nose, courtesy of knocking over a lamp in her room at the athletes village.



Canada's Dara Howell celebrates after winning the gold medal in women's freestyle skiing slopestyle at the Rosa Khutor Extreme Park on Tuesday in Krasnaya Polyana, Russia. ANDY WONG/THE CANADIAN PRESS

### Around Sochi

#### Fleur-de-lis flurry

Quebec athletes continue to lead the way for Canada in Sochi, with Kim Lamarre's bronze in slopestyle skiing giving the province six of Canada's nine medals. And there's likely more to come, with Charles Hamelin among those looking to up the sum.

### Snowboard heart throb

#### McDreamy

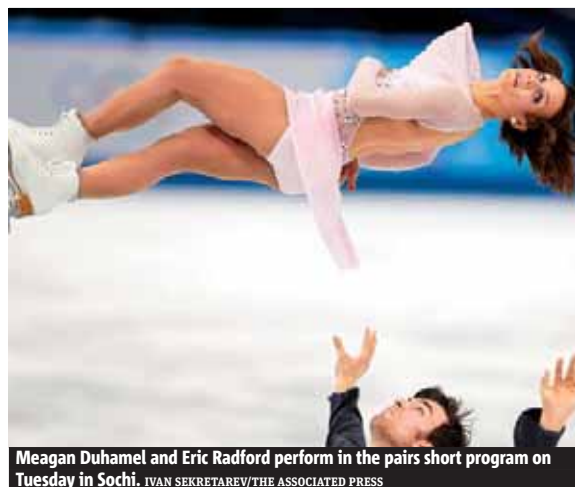
According to Twitter statistics over a recent 24-hour period, Canada's first medalist is a heart throb on social media. An image of snowboarder Mark McMorris was the most retweeted globally with more than 16,000 retweets and some 30,000 favourites.

THE CANADIAN PRESS

### Luge

#### Gough just misses

Alex Gough produced the best Canadian Olympic result ever in luge, but don't expect the Calgary slider to be satisfied. Gough was tearful after racing to a fourth-place as Canada still looks for its first Olympic medal in luge.



Meagan Duhamel and Eric Radford perform in the pairs short program on Tuesday in Sochi. IVAN SEKRETAREV/THE ASSOCIATED PRESS

## Canadians in 5th after short skate

Skating at the Sochi Olympics was the realization of a dream sparked four years ago out of heartache and frustration.

The music made it all the more magical.

Canada's Meagan Duhamel and Eric Radford were fifth in the pairs program Tuesday night at the Sochi Olympics, skating to a piece of music Radford wrote in 2006 after the death of his coach Paul Wirtz.

"It lived up to what I was hoping and more," Radford said afterward. "I've been getting such amazing feedback and

to be able to live that moment twice, that wouldn't have normally happened ... to hear my music at the Olympics twice. Both times it created moments for me that I'll never forget."

Duhamel and Radford skated the program earlier in the Games, as part of the Canadian squad that captured silver medal as part of the new team event.

Radford is a pianist who studied at Toronto's Royal Conservatory of Music, and the piano was where he sought solace when Wirtz died of cancer.

### Russians in front

Russia's Tatiana Volosozhar and Maxim Trankov finished first with 84.17 points, a world record for a short program score that was well ahead of Germany's Aliona Savchenko and Robin Szolkowy (79.64 points).

The result was Tribute, an uplifting piece of music that was recorded last summer in Montreal with a 16-piece string

section.

Tuesday's skate wasn't perfect for Duhamel and Radford, obvious when she knocked herself in the head with her hands afterward.

"I just missed a stupid step in my footwork," Duhamel said. "I just had a little stumble there. Maybe we lost one point because of it, it was not that detrimental, I was like, 'Ugh,' silly little step like that."

Mistep aside, Duhamel said she is "living the dream of every athlete" in Sochi.

THE CANADIAN PRESS



# No period of grace for Team Canada



Team Canada goalies Carey Price and Roberto Luongo talk during practice at the Sochi Winter Olympics on Tuesday.  
ADRIAN WYLD/THE CANADIAN PRESS

## MEDALS

Nation	G	S	B	Tot.
Norway	4	3	4	11
Canada	4	3	2	9
Netherlands	3	2	3	8
United States of America	2	1	4	7
Russian Federation	1	3	3	7

## WHAT CANADA DID

### TUESDAY BIATHLON

**Women's 10 km Pursuit** - Zina Kocher, Red Deer, Alta., 25th, (32 minutes, 15.1 seconds, +2 minutes, 44.4 seconds); Megan Imrie, Falcon Lake, Man., 28th, (32:22.7); Rosanna Crawford, Canmore, Alta., 45th, (34:15.6); Megan Heinicke, Prince George, B.C., DNF.

### CROSS-COUNTRY SKIING

**Ladies' Sprint Free Qualification** - x-Perianne Jones, Almonte, Ont., 23rd, (two minutes 38.63 seconds, +6.56 seconds); x-Daria Gaiazova, Banff, Alta., 27th, (2:40.04); Heidi Widmer, Banff, Alta., 43rd, (2:43.36); Chandra Crawford, Canmore, Alta., 44th, (2:43.59).

### x-qualified for quarter-final

**Ladies' Sprint Free Quarter-finals - Heat 2:** Daria Gaiazova, Banff, Alta., 5th, (two minutes 40.45 seconds, +3.44 seconds); x-Perianne Jones, Almonte, Ont., 5th, (2:38.66, +3.79 seconds).

### Ladies' Sprint Free Final Rankings:

Perianne Jones, Almonte, Ont., 23rd; Daria Gaiazova, Banff, Alta., 25th; Heidi Widmer, Banff, Alta., 43rd; Chandra Crawford, Canmore, Alta., 44th.

**Men's Sprint Free Qualification** - x-Alex Harvey, St-Ferreol-les-neiges, Que., 19th, (three minutes, 36.08 seconds, +7.73 seconds); Len Valjas, Toronto, 36th, (3:39.87); Jesse Cockney, Canmore, Alta., 53rd, (3:44.36); Devon Kershaw, Sudbury, Ont., 56th, (3:45.77).

### x-qualified for quarter-final

**Men's Sprint Free Quarter-finals - Heat 4:** Alex Harvey, St-Ferreol-les-neiges, Que., 19th; Len Valjas, Toronto, 36th; Jesse Cockney, Canmore, Alta., 53rd; Devon Kershaw, Sudbury, Ont., 56th.

### CURLING

**Women's Round Robin** - Canada 9 Sweden 3

**Men's Round Robin** - Sweden 7 Canada 6

### FIGURE SKATING

**Pairs Short Program** - x-Meagan Duhamel (Livingston, Ont.) and Eric Radford (Balmertown, Ont.), 5th, (72.21); x-Kirsten Moore-Towers (St.

Catharines, Ont.) and Dylan Moscovitch (Toronto), 6th, (70.92); x-Paige Lawrence (Kennedy, Sask.) and Rudi Swiegers (Kipling, Sask.), 13th, (58.97).

### x-qualified for the Free Program on Feb. 12. FREESTYLE SKIING

**Ladies' Ski Slopestyle Qualification** - x-Dara Howell, Huntsville, Ont., 1st, (88.80); x-Kim Lamarre, Quebec City, 2nd, (85.40); x-Yuki Tsubota, Whistler, B.C., 4th, (81.00); Kaya Turski, Montreal, 19th, (28.00).

### x-qualified for final

**Ladies' Ski Slopestyle Final** - Dara Howell, Huntsville, Ont., **Gold Medal**, (94.20); Kim Lamarre, Quebec City, **Bronze Medal**, (85.00); Yuki Tsubota, Whistler, B.C., 6th, (71.60).

### LUGE

**Women's Singles Run 3** - Alex Gough, Calgary, 4th, (50.286 seconds, +0.521); Kimberley McRae, Calgary, 5th, (50.356); Arianne Jones, Calgary, 11th (50.745).

**Women's Singles Run 4** - Alex Gough, Calgary, 5th, (50.426 seconds, +0.237); Kimberley McRae, Calgary, 5th, (50.620); Arianne Jones, Calgary, 10th (50.608).

**Women's Singles Final Ranking:** Alex Gough, Calgary, 4th, (three minutes, 21.578 seconds, +1.81 seconds); Kimberley McRae, Calgary, 5th, (3:21.895); Arianne Jones, Calgary, 13th, (3:23.183).

### SKI JUMPING

**Ladies' Normal Hill Individual 1st Round** - Taylor Henrich, Calgary, 7th, (118.2 points); Atsuko Tanaka, Calgary, 8th, (117.8 points).

**Ladies' Normal Hill Individual Final Round** - Atsuko Tanaka, Calgary, 12th, (231.3 points); Taylor Henrich, Calgary, 13th, (230.4 points);

### SNOWBOARD

**Men's Halfpipe Qualification - Heat 1:** Derek Livingston, Aurora, Ont., 10th (70.25); **Heat 2:** Crispin Lipscomb, Whistler, B.C., 12th (65.25); Brad Martin, Ancaster, Ont., 19th, (31.25).

**Men's Halfpipe Final Ranking:** Derek Livingston, Aurora, Ont., 19th; Crispin Lipscomb, Whistler, B.C., 23rd; Brad Martin, Ancaster, Ont., 39th.

### SPEED SKATING

**Ladies' 500 m Race 1 of 2** - Christine Nesbitt, London, Ont., 11th (38.53 seconds, +1.11 seconds); Anastasia Bucsis, Calgary, 27th (39.272); Marsha Hudey, White City, Sask., 32nd (39.59); Danielle Wotherspoon-Gregg, Red Deer, Alta., 33rd (39.76).

**Ladies' 500 m Race 2 of 2** - Christine Nesbitt, London, Ont., 12th, (38.61 seconds, +1.33 seconds); Anastasia Bucsis, Calgary, (39.25); Danielle Wotherspoon-Gregg, Red Deer, Alta., (39.56); Marsha Hudey, White City, Sask., (39.63).

**Ladies' 500 m Final Rankings:** Christine Nesbitt, London, Ont., 12th, (77.15 seconds, +2.45 seconds); Anastasia Bucsis, Calgary, 28th, (78.52); Marsha Hudey, White City, Sask., 32nd, (79.22); Danielle Wotherspoon-Gregg, Red Deer, Alta., 33rd, (79.32).

## CURLING

### MEN

#### All Times Eastern

**Tuesday's results**  
Sweden 7 Canada 6  
China 9 United States 4  
Britain 7 Germany 6  
Norway 9 Russia 8

#### Wednesday's games

Denmark vs. United States, 12 a.m.  
Norway vs. Germany, 12 a.m.  
China vs. Switzerland, 12 a.m.  
Germany vs. China, 10 a.m.  
Switzerland vs. Britain, 10 a.m.  
Russia vs. Canada, 10 a.m.  
Denmark vs. Sweden, 10 a.m.

### WOMEN

#### All Times Eastern

**Tuesday's results**  
Switzerland 7 Denmark 6  
Canada 9 Sweden 3  
Russia 9 United States 6  
South Korea 12 Japan 7  
Britain 12 United States 3  
Switzerland 8 South Korea 6  
Japan 8 Denmark 3  
China 7 Russia 5

#### Wednesday's games

Japan vs. Russia, 5 a.m.  
United States vs. China, 5 a.m.  
South Korea vs. Sweden, 5 a.m.  
Canada vs. Britain, 5 a.m.

## HOCKEY

### PRELIMINARY ROUND

#### All times Eastern

### MEN

**Wednesday's games**  
Czech Republic at Sweden, 12 p.m.  
Latvia at Switzerland, 12 p.m.

### WOMEN

#### Tuesday's results

Sweden 4 Germany 0  
Russia 2 Japan 1  
**Wednesday's games**  
Switzerland at Finland, 3 a.m.  
Canada at United States, 7:30 a.m.

**Men's hockey.** Players put past insurance adversity behind them as they fast forward to their opening game

Patrick Sharp wore hockey gloves, held a hockey stick but didn't have hockey skates on his feet.

Sneakers replaced those for ball hockey walk-throughs at Canada's Olympic orientation camp in August because players weren't insured to skate.

At one time Sharp wondered about the absurdity of the situation.

"You kind of think to yourself, 'Is this really going to pay off come February?' And it does," Sharp said, now with the benefit of hindsight. "Since we've been here, things are happening quick and it seems like we're picking up where we left off in the summertime."

What was a punchline back then in retrospect became one step of Team Canada's journey to Sochi. Only now, after

a couple of days of practice at Bolshoy Ice Dome, are players seeing the fruits of that exercise as they prepare to open the Olympic tournament Thursday against Norway.

"We did some drills today that were a little bit of evolution of that," forward John Tavares said. "Just some very basic things in the summer, then you kind of just (get a) refresher and obviously a little bit more intense once you're on the ice."

Tuesday's practice was much more reminiscent of an actual NHL workout than the brief skate Canada got in Monday night several hours after landing.

With only a limited amount of time to turn 25 stars into a team before the games begin, coaches turned immediately to drilling on systems and special teams.

The players are finally able to concentrate on the task at hand in Sochi. For a long time they had to put the Olympics out of mind and worry about their own NHL teams and their own problems.

A night's sleep in the athletes village and a hard-work-

## Women's hockey

Canada faces its arch-rival the United States in their final preliminary round game on Wednesday.

- **Semifinal bound.** Both teams locked up spots in the final four after 2-0 starts.

- **Not holding back.** Players and coaches on both teams insist they won't keep strategy or anything under wraps despite a possible rematch in the medal round.

ing, hard-learning practice got players into a groove.

"You've got to kind of stop your thinking that, 'Hey, there's Sidney Crosby from the Penguins and (start thinking) 'That's Sidney Crosby from Team Canada,'" Sharp said. "That's the team we're playing for now. We're all together. I think we feel that way now, already in Day 2."

THE CANADIAN PRESS

# Curling. Jones' rink tops Sweden

Skip Jennifer Jones curled a perfect game on Tuesday as Canada remained undefeated in round-robin play after a 9-3 victory in eight ends over Sweden in the women's curling tournament at the Sochi Winter Games.

The Winnipeg native made all 16 of her shots as the Canadians got on the board first with two in the second end, and followed that with two more apiece in the fourth and sixth ends. Jones sealed the victory with three in the eighth.

"I never look at the stats, but I felt like we played really

well as a team today," said Jones. "The girls just left me some makeable shots and I made them."

Margaretha Sigfridsson and her Swedish rink (1-1) took singles in the third, fifth, and seventh ends.

"We played a good game," Sigfridsson said, "but that is not enough when you play a team that is playing perfect."

The Canadian rink was pleased about its perfect record two days into the tournament.

Canada faces Great Britain in its next match on Wednesday. **THE CANADIAN PRESS**

## Men suffer meltdown

Brad Jacobs and Canada lost their second game in a row falling 7-6 to Sweden on Tuesday.

- **Swede Victory.** Skip Niklas Edin won it on the final throw of the match

- **Ohh Canada.** Our team from Sault Ste. Marie fell to 1-2 including Monday's 5-4 upset by Switzerland. Sweden improved to 3-0.

## SUBWAY AUS WOMEN'S VOLLEYBALL CHAMPIONSHIP @ DAL

<b>Fri., February 14</b>	5:00pm MUN vs. UdeM, 7:00pm UNB vs. Acadia
<b>Sat., February 15</b>	4:30pm DAL vs. W of QF #1, 7:00pm SMU vs. W of QF #2
<b>Sun., February 16</b>	2:00pm Championship Game

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## Norwegians continue cross-country domination

Ola Vigen Hattestad of Norway, left, and Calle Halfvarsson of Sweden compete in the men's sprint free finals during day four of the Winter Olympics on Tuesday in Sochi. Norway won double gold in the cross-country freestyle sprints, including Hattestad's, while picking up silver medals in the women's sprint and women's 10-kilometre biathlon pursuit. RICHARD HEATHCOTE/GETTY IMAGES

# 'I-Pod' gives Shaun White his exit music

**Halfpipe.** American snowboarder finishes 4th after failing to land Swiss star's trick

Shaun White lost to a kid they call the "I-Pod," and now he may never hear the end of it.

How big of an Olympic shocker was this? White, the best snowboarder of his era and one of the best-known and best-marketed athletes at the Sochi Games, didn't even win a medal. He finished fourth.

The 27-year-old American, who opted out of the Olympic

slopestyle debut and put all his chips in the halfpipe, where he hoped to win a third straight gold medal, got knocked off by Iouri Podladtchikov, the Russian-born inventor of the "Yolo," the trick that White could not master.

"I'm disappointed," White said. "I hate the fact I nailed it in practice, but it happens. It's

### Disappointing finish

"The tricks I learned getting ready for the competition will carry on for a couple years.... It's a bummer. I had one of those nights."

American snowboarder Shaun White, on his fourth place finish.

hard to be consistent."

The Japanese pair of 15-year-old Ayumu Hirano and 18-year-old Taku Hiraoka won silver and bronze, and the Americans were shut out on the halfpipe for the first time since the sport was introduced to the Olympics in 1998.

Podladtchikov, who now lives

in and competes for Switzerland, landed the trick successfully at an event in Europe last season, but hadn't done it since.

"I'm about to faint ..." said Podladtchikov, who gets his gold Wednesday.

White watched a replay of I-Pod's trick last March and went to work trying to match it.

He landed it twice in qualifying events and was listed as the heavy favourite to become the seventh person to win three straight gold medals in an individual event at the Winter Games.

THE ASSOCIATED PRESS



## Lee Sang-hwa defends her gold

Lee Sang-hwa burst off the line with a flawless start. She built up speed with each stride on the front straightway — her arms swinging powerfully, her body low to the ice.

By the time Lee came around the final turn, the gold medal was a formality.

"Right now," said silver medallist Olga Fatkulina, "she is almost Usain Bolt."

The South Korean lived up to the hype as the overwhelming favourite in women's 500-metre speedskating Tuesday, zipping around the big oval with the two fastest runs to win her second straight Olympic gold.

The 24-year-old dominated the World Cup circuit this season, winning every event she entered.

Christine Nesbitt of London was the top Canadian in 12th. She finished with a combined time of 1:17.15.

Calgary's Anastasia Bucsis followed in 28th at 1:18.52, Marsha Hudey of White City, Sask., was 32nd in 1:19.22 and Danielle Wotherspoon-Gregg of Red Deer, Alta., was just behind in 33rd at 1:19.32.

THE ASSOCIATED PRESS

## Michael Sam. CFL players fined for comments about gay U.S. football player

The Canadian Football League fined two players undisclosed amounts Tuesday for making comments about openly gay football player Michael Sam.

Montreal Alouettes wide receiver Arland Bruce was fined for a crude posting on social media urging Sam to "submit to God."

Winnipeg Blue Bombers defensive tackle Bryant Turner Jr. was disciplined for a reported anti-homosexual tweet that has since been deleted.

"The comments made by these players are extremely disappointing and do not represent the CFL's views or the views of the vast majority of our players," CFL commissioner Mark Cohon said in a statement.

"The CFL is supportive of openly gay athletes in profes-



The CFL fined Arland Bruce Tuesday for making inappropriate comments about openly gay football player Michael Sam. THE CANADIAN PRESS FILE

sional sports and we commend the courage shown by Michael Sam. During the off-season, we have been working with an organization that specializes in this subject."

THE CANADIAN PRESS

### Did you know?

# 4%

A Pew Research survey last year of lesbian, gay, bisexual and transgender adults in the U.S. found that just four per cent saw pro sports leagues as friendly toward LGBT people, while 59 per cent saw the leagues as unfriendly and 36 per cent as neutral.

### Gay baseball player?

### Girardi: MLB ready

Yankees manager Joe Girardi says the MLB would accept an openly gay player. "I think our world has adjusted to that," he said Tuesday. THE ASSOCIATED PRESS

### CFL

### Riders re-sign record-tying kicker

Kicker Chris Milo has resigned with the Saskatchewan Roughriders, in a deal announced mere moments after the Montreal native hit the free agent market.

The three-year CFL veteran played a crucial role in the last year's championship drive, connecting on 46 of 52 field goal attempts for an 88.5 per cent success rate in the 2013 season.

He began the season by hitting 28 consecutive field goal attempts, tying a team record. THE ASSOCIATED PRESS

## Qatar 2022. World Cup body publishes charter for protection of workers

Qatar sought to allay widespread concerns about conditions for migrant workers on World Cup building projects by detailing on Tuesday how their rights must be protected by contractors.

Rights group Amnesty International called the charter a "positive, if partial" step, but the International Trade Union Confederation called it a "sham," and complained that 2022 World Cup leaders have not demanded changes in Qatar's labour laws despite mounting criticism from rights groups.

FIFA, which ordered the re-

### Quelling concerns

The document includes basic welfare obligations published last year, including requirements for employment contracts, payment, medical care and living conditions.

port, said the charter showed "concrete steps" were being taken to accelerate the introduction of "adequate uniform" conditions for workers building venues for the Middle East's first World Cup.

THE ASSOCIATED PRESS



Christine Nesbitt of London, Ont., competes on Tuesday in Sochi. MATT DUNHAM/THE ASSOCIATED PRESS



# Give in to the tempting Tundra



PHOTO: WHEELBASEMEDIA.COM

**Review.** New styling for a familiar truck that's about as American as it gets

**MALCOLM GUNN**  
wheelbasemedia.com

A truck that's styled in California, engineered in Michigan and assembled in Texas sounds as North American as any pickup on the road.

The fact that the 2014 Tundra wears a Toyota badge should be of little consequence in the global scheme of things.

Ultimately all that really matters is if it can competently and reliably do the job. Although Toyota is a major player in the mid-size pickup category, it has had a tougher time gaining traction in the full-size arena, where brand loyalty runs deep. Ford, General Motors and Chrysler continue to make major improvements in their respective haulers, in styling appeal, increased brute strength and lower operating costs through improved fuel economy. And don't forget that their heavy-duty truck counter-

parts have no real competition.

That level of brand intensity has pretty much relegated Toyota to the rear of the pickup pack (although ahead of Nissan with its aging Titan). Still, the Tundra has earned plenty of respect for its overall superior build quality and towing/hauling competency and has been staunchly supported by Toyota loyalists since its 2007 model-year launch. Those folks in particular should find plenty to like about the 2014 Tundra's facelift and general updating. The 22.2-inch-deep (56 centimetres) cargo bed is also new, as is the lockable tailgate with integrated spoiler.

Toyota has installed a new instrument panel with easier-to-read gauges and an improved multi-information screen. The audio and ventilation work-glove-friendly control knobs are now within closer proximity to the driver's reach. Toyota's designers reshaped the front and fold-up rear seats (new to four-door CrewMax versions) for greater comfort and improved ventilation. More sound-deadening materials have been added for a quieter cabin. Additionally,

## 2014 Toyota Tundra

- **Type.** Two-/four-door, rear-/four-wheel-drive full-size pickup
- **Engines (hp)** 1. 4.6-litre DOHC V8 (310); 5.7-litre DOHC V8 (381)
- **Transmissions.** Six-speed automatic
- **Base price (incl. destination).** \$28,600

## Design

Visually, the grille is more aggressively styled and conveys an obvious sense of power. Other changes include a new hood along with three-piece front and rear bumpers (said to reduce replacement costs in the event of a crash) and squared-off fenders and wheel openings.

either bench or bucket seats can be had in both extended-cab and CrewMax models. A bench seat is standard with regular-cab Tundras.

Toyota has updated the suspension for a more compliant ride and has also tinkered with the steering for improved straight-line stability. Available on the SR Double Cab 4x4 and standard on all other Tundras, including the 4x2 and 4x4 SR regular-cab long bed, 4x4 SR5 and Limited Double Cab and four-door CrewMax trucks, is a 5.7-litre V8 that's rated at 381 horsepower and 401 pound-feet of torque.

The 5.7 is also standard with the CrewMax Platinum and new 1794 Edition CrewMax. A six-speed automatic transmission is installed on all Tundras.

Base SR regular-cab models, priced at \$28,600, come with air conditioning, a 6.1-inch (15.5-centimetre) touch-screen display with Bluetooth wireless networking and a backup camera. Adding more doors to the cab automatically gets you more, although many of those standard features can be added to regular-cab models by choosing the SR5 or Limited Packages. The Platinum includes perforated diamond-pleated

## Compare



**1** Ford F-150  
Base price: \$25,000



**2** GMC Sierra 1500  
Base price: \$28,650

## Fuel Economy

Virtually unchanged for 2014 are the Tundra's two powertrains. The 4x2 and 4x4 SR Double Cab models come with a 310-horsepower 4.6-litre V8. With a 14.2 l/100 km rating in the city and 10.5 on the highway (4x2 versions), the 4.6 is likely the most economical choice.

leather seats (heated and cooled in front) and a 12-speaker touch-screen audio/navigation system.

The 1794 Edition — named for the Texas ranch where the Tundra plant is located, which was founded in that year — adds leather seats with suede inserts and more shine. Ultimately, it won't be an easy ride for Toyota's full-size pickup in gaining ground on the competition. But the Tundra's reputation for strength and bulletproof reliability should continue tempting buyers looking for something that's outside the traditional box.

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# Did you hear the one about Jay Leno and his cars?

**Not on The Tonight Show, you didn't.**  
Famous car collector saved most of his vehicle funnies for when he was off camera



**AUTO PILOT**  
Mike Goetz  
drive@metronews.ca

Jay Leno left The Tonight Show last week, after a 22-year run. Over that time he cranked out thousands of jokes. He made more than 4,000 at the expense of President Bill Clinton alone.

His next favourite targets were President George W. Bush (3,239), Vice-President Al Gore (1,026), and President Barack Obama (1,011).

O.J. Simpson clocked in at number six. In fact, Leno quipped his last and 795th joke about O.J. during his outgoing monologue.

"So much has happened (over the last 22 years). You

know the saddest part? O.J. never found the real killers."

Categorizing the subject matter of Leno's jokes this way made me realize he didn't really joke too much about his favourite and all-consuming passion — cars and motorcycles. He is probably the world's more recognizable car collector.

Big-time collectors tend to be a bit camera shy, but not Mr. Leno. He shares his collection with the world via Jay Leno's Garage, an internet-based series, and through all sorts of very public appearances at cars shows and other events.

Funny, but even though it's harder to come by, I like Leno's car-based humour much better than his regular fair. I guess I'm one of those who think his TV jokes are a bit too broad-based and mercenary. The New York Times claimed Leno's mantra was always, "Write joke, tell joke, get check."

His riffing on car matters, however, seems less like forced jocularity and more like a fun conversation you would have with a



Jay Leno rarely told automotive-themed jokes on The Tonight Show for such a famous car enthusiast and collector, but I really enjoyed the ones he did crack away from the TV spotlight. TORSTAR NEWS SERVICE

buddy riding shotgun on a road trip.

Here are some of my favourite Jay Leno-isms about cars and motorcycles, picked up over the years from monologues, interviews, profiles and things

he's written himself in car and bike magazines. (Disclaimer: I'll be paraphrasing here and there, since I do not remember in verbatim.)

On how many cars and motorcycles are in his col-

lection: "My wife thinks it's around 17 or so. Let's go with that." (In reality it's over 200 and counting.)

On cupholders: "Rolls-Royce has finally introduced a cupholder. He sits in the back and his name is

Charles."

On coming to a stoplight in his MTT Y2K Turbine Superbike: "I look in the mirror and see the heat from the turbine is actually melting the plastic front bumper of the Toyota Corolla right behind me. When the light turns green I am going to be so outta here."

On buying cars to get impress people: "I'm not the type of person who buys a car to impress people — most women are not really impressed by a guy in a 1909 White Steam Car."

On getting pulled over by the police for speeding in a 1909 White Steam Car: "The cop was more intrigued that it was made of wood, and carrying an open flame, than the idea that I was going 76 m.p.h. But when you go by a cop in a wooden car that's on fire, going 76, they tend to go, 'Hey, hey. What's that?'"

On bad cars: "I'm like Father Flanagan in Boys Town. There are no bad cars. There are just cars that need to be loved and taken care of."

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# The unusual world of car sales foresight

## Driving force.

Forecasters look at jobs, prices and the world to estimate car sales

JIL  
MCINTOSH  
Drive@metronews.ca

Last year, Canadians bought a record 1.74 million vehicles, an

increase of four per cent over what they purchased in 2012. And with 2014 well under way, analysts are already looking at how many cars and trucks will end up in new homes this year.

"We expect purchases to climb to a record 1.76 million units in 2014," says Carlos Gomes, senior economist and auto industry specialist for Scotiabank. "New-vehicle affordability in Canada is at the best

level in two decades."

These forecasts are an important tool for many companies involved in the auto industry, including the car manufacturers themselves, their dealers, lending facilities and service suppliers.

The forecasts also give insight into what will happen in the coming years, as dealers and auto auctions estimate how many used vehicles will

eventually end up in the market, or tire dealers determine how many replacement or winter tires they should stock.

Forecasters look at such things as the strength of the global economy and the Canadian dollar, employment figures and car prices. It's a complicated puzzle, with factors that can connect in unusual ways. For example, the U.S. recession brought a sharp drop in

new houses being built, which in turn dried up the export market for Canadian lumber. Those industries, and others like them, bought fewer new trucks. Not only did that affect the auto market at the time, but a few years later, the resulting supply-and-demand of these smaller numbers sent the price of used trucks soaring.

To come up with his forecasts for 2014, Gomes considered such things as an upcoming shipbuilding contract in Nova Scotia and increased natural gas drilling in British Columbia, which will ultimately increase jobs and raise car sales, along with downward trends such as a delayed aerospace project in Quebec.

He also looks at vehicle pricing. "Affordability has improved so dramatically," he says. "We look at the average vehicle price and compare it with the level of the typical household income, and divide prices by income. We do it as the number of weeks that a household has to work to buy a new vehicle. That number has been coming down significantly."

Currently, a household must work 23.5 weeks to earn enough to buy a car, Gomes says. The average since 1990 has been 27 weeks, although there was a spike in 1999,

## To note

• **Truck-mad Alberta.** Albertans buy 30 per cent of all the pickup trucks sold in Canada. Within the province, 75 per cent of all vehicle sales are trucks, SUVs, or vans.

• **Ontario stats.** There were 646,000 vehicles sold in Ontario in 2013, the second-highest number on record. Most went to households, but fleet sales are forecast to climb in 2014.

• **Potential knock-on effect.** Since many vehicles sold in the U.S. are made in Canada, a stronger U.S. economy will drive increased production at Canadian plants.

when vehicles were least affordable and it took 32 weeks of work to purchase one.

"The automakers have done a good job of limiting price increases," Gomes says. "Since the downturn of 2000/2001, annual price gains have been only about 1 per cent per year, while we're seeing household incomes increasing by roughly triple that. Stable car prices and rising incomes have led to the improvement of affordability."



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## Horoscopes

### Aries

March 21 - April 20

Everyone expects you to be happy-go-lucky and most of the time you are, but something has been worrying you beyond belief in recent weeks. It's time to get over it.

### Taurus

April 21 - May 21

You don't find it easy to let others make decisions for you but today you are advised to put yourself in other people's hands and let them call the shots. The planets indicate you won't lose a thing.

### Gemini

May 22 - June 21

It's time to get serious about your ambitions. The winds of fate can blow you only so far. Once you reach a certain point, you have to get ahead on your own. Go for it!

### Cancer

June 22 - July 23

What others don't want you to know is exactly what you need to know right now, so start asking questions and don't stop until you have found answers that make sense.

### Leo

July 24 - Aug. 23

You must deal with a money worry you have been doing your best to ignore. Now that Mercury is about to move back into your opposite sign, you will have to be totally honest with yourself.

### Virgo

Aug. 24 - Sept. 23

You may not see eye-to-eye with a certain individual but you can reach a compromise that satisfies you both. It's quite possible to be allies in some areas and rivals in others, even though you may never be friends.

### Libra

Sept. 24 - Oct. 23

According to the planets you must choose a route and stick with it today. If you don't, it may be several more weeks before you get the chance to regain control of your affairs.

### Scorpio

Oct. 24 - Nov. 22

All things are possible for those born under the sign of the Scorpion but you still need to be clear about what it is you want and committed to getting it. Reaffirm your desires today.

### Sagittarius

Nov. 23 - Dec. 21

Put petty arguments behind you and move forward together again. Cosmic activity in the domestic sector of your chart makes it easy to kiss and make up today. Tomorrow it may be too late.

### Capricorn

Dec. 22 - Jan. 20

Something you see or hear on your travels could be just what you've been waiting for. Even if it isn't, it will still be a lot of fun and fun is something that has been lacking of late.

### Aquarius

Jan. 21 - Feb. 19

You must be positive and professional today, because the face you show the world over the next 24 hours is the one they will remember for the next few weeks. Show important people how determined you are.

### Pisces

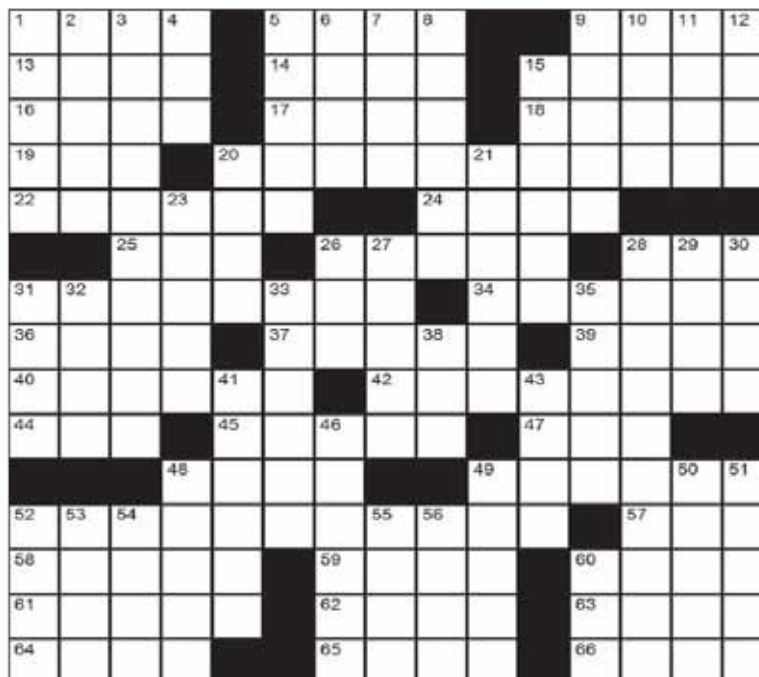
Feb. 20 - March 20

Start making moves that will get you noticed. Even if you prefer to stay in the background, you will have to give part of yourself over to the public domain. **SALLY BROMPTON**

## Crossword: Canada Across and Down

### Across

1. Tire going flat sound
5. Rhyming scheme
9. SOCHI 2014 - Sport-on-a-sled
13. Street
14. Hope \_\_\_ Hospital, on CTV's "Saving Hope"
15. More lenient
16. Liturgical vestments
17. Jog
18. Once Time link: 2 wds.
19. Golfer Michelle
20. SOCHI 2014 - Pairs Figure Skating move: 2 wds.
22. SOCHI 2014 - \_\_\_ Combined
24. Mr. Musk
25. Pistol
26. \_\_\_ Assistant
28. Kit \_\_\_
31. Toronto office building, Bay \_\_\_ Centre; or, city in Australia
34. Rene's songstress wife
36. So longs
37. Jack of "Twin Peaks"
39. Gr.
40. Singer John
42. Guessed
44. Energy unit
45. An archangel
47. \_\_\_ lark
48. James or Scott
49. Unlocked



52. SOCHI 2014 - Athletes pack their bags upon positive results from them: 2 wds.
57. Actress Sandra
58. Croissant shape [abbr.]
59. Cole Porter's "Well, Did You \_\_\_?"
60. Land unit
61. Vivian of "I Love

- Lucy"
  62. Sportswear brand
  63. Proper's pal
  64. Go \_\_\_ detail
  65. Highway-crossing animal
  66. Caustics
- Down**
1. Spot \_\_\_ (British Columbia shrimp)
  2. First \_\_\_ (Shake-

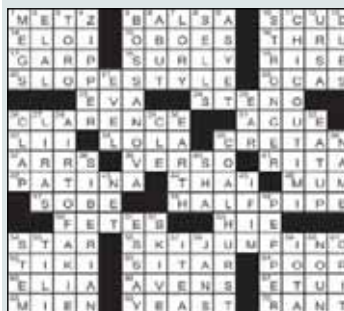
- speare's 1623 plays collection)
3. Jewel-encrusted Russian treasure: 2 wds.
4. Canadian banks, e.g.
5. Empire of Mexico
6. Broadcast, \_\_\_ show
7. Charge

8. SOCHI 2014 - National \_\_\_ (Gold-getter's tune)
9. Rabbit: French
10. Wife: Latin
11. Actress, \_\_\_ Lee Nolin
12. 'Fed' suffix (Government-related)
15. Broadway star Patti

BY KELLY ANN BUCHANAN

20. Ms. Lohan, Showbiz parent
21. One cutting the tomato
23. Edible seaweed
26. US teeth docs org.
27. Crowded
28. SOCHI 2014 - Area where figure skaters wait for their scores: 3 wds.
29. L' \_\_\_ aux Meadows
30. Mind
31. Fit
32. Cloth hue's changer
33. "Tootsie" (1982) ...how Dustin Hoffman appeared: 2 wds.
35. Pure \_\_\_ (Wool garment tag)
38. \_\_\_-de-sac
41. Subtlety
43. Cleans the floors
46. Mean
48. The \_\_\_ Kid (Westerns character)
49. Significant \_\_\_ (Special someone)
50. Supernaturally strange
51. Regards
52. Nero's 606
53. Port city of Algeria
54. Cooped up
55. Songstress Ms. Sands
56. Purpose
60. Fergie's bandmate, \_\_\_ de.ap

## Yesterday's Crossword



## Sudoku

### How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.

## Yesterday's Sudoku

7	6	9	2	4	1	8	5	3
3	2	1	9	5	8	6	7	4
4	5	8	7	6	3	2	9	1
6	8	2	5	3	9	1	4	7
1	4	3	8	2	7	9	6	5
9	7	5	4	1	6	3	8	2
2	1	7	6	9	4	5	3	8
5	9	4	3	8	2	7	1	6
8	3	6	1	7	5	4	2	9

		9					1	2
	8	2		3	6			
7			2					
9		8	4		7			
	5						4	
			9		2	1		5
				8				7
			3	1		9	2	
6	2					3		

**Today**

**-9° / -13°**  
Partly cloudy

**Thursday**

**-1° / -3°**  
Flurries  
40%

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